



Ail-ddeffro Rekindle

Trustee Candidate Pack



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Chair's Letter

WELCOME

Thank you for your interest in becoming a Trustee for Rekindle.

Rekindle is a rapidly growing charity based in Newtown, Powys, Wales, providing mental health support to young people aged between 16 and 25 years.

We are seeing rising numbers in people who seek our support, and we are growing the organisation to meet those demands. We have recently moved to larger more bespoke offices which have counselling rooms, offices and an open area for activities. We see numbers of referrals from the NHS mental health service and GPs rising month on month.

Being a trustee would mean that you are playing a critical role in providing strategic direction and governance of our charity helping us grow to enable us to support and protect our community in Wales

It's important we represent the community and service users. We recognise that young people are put off being trustees because they think they don't have the experience - but that's not the case, as support and training will be provided. We would also like to grow our connections with business and the local community, recognising that their support to our work is essential.

Not having previous experience of being a trustee is not a barrier and this is a great opportunity to develop your own skills, whilst at the same time helping us develop and grow.

Please do contact me if you would like an informal discussion prior to applying.

Best wishes,

Robin Brierley
Chair

About Us

Rekindle is a young person's mental health charity dedicated to recovery. Based in Newtown, we support those aged 16 to 25 across the region, focusing on the recovery of mental health, opportunities and a fulfilling life. We serve around 100 clients at any given time, with 40 experiencing acute needs. This age group often falls through the cracks of statutory services and can experience severe distress.

Our vision, mission and values were all written in collaboration with our clients.

Vision: To ensure that all young people have ready access to good mental health support.

Mission: To make a positive difference to the mental health of 16 to 25-year-olds: to build resilience and to enable them to lead healthy lives.

Referrals come from various statutory bodies, including Child and Adolescent Mental Health Services, while many clients self-refer. Our goal is to improve mental health and well-being while restoring self-respect. We provide regular meetings in a safe, confidential space, allowing clients to engage in non-judgmental talking therapy. We also offer activities such as walks, gym sessions, art workshops, and cooking classes whenever possible. We address comprehensive life challenges, including housing, finance, education, training, employment, and relationships, in a practical manner. Discharge is never rushed, with some clients staying for over five years. They set their own goals and actively participate in their recovery journey.

We collaborate with various agencies and charities to provide supported referrals and participate in multi-agency meetings, often serving as an appropriate adult. Our work is significantly supported by three volunteers who are recovered clients that assist with daily tasks and offer friendship and support to others. We adhere to safeguarding, data protection, and other relevant policies, and all staff and trustees are DBS-checked.

Our Services

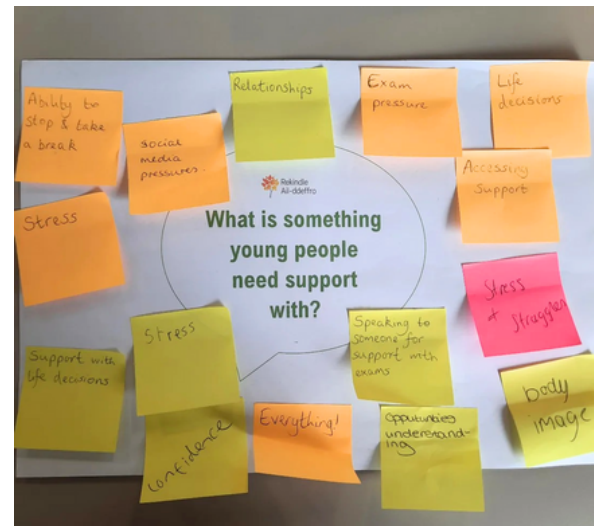
1-2-1 Recovery Support

Tailored support encompassing every aspect of a young person's life; housing, relationships, work, volunteering, training, finances, confidence building, life skills, resilience and more. Young people build skills and receive advice, guidance and practical support to overcome any challenges that may be barriers to good mental health.



Counselling

Talking therapy gives young people a safe and non-judgemental space for them to talk about things that are troubling them.



Activities

A chance for young people to connect with others, build confidence and try something new. For example, creative workshops with the Oriel Davies gallery, cooking classes, walking groups, yoga and physical activity opportunities.



All our services are free, and we receive funding via donations and grants.

Becoming a Trustee

What is a Trustee?

Trustees ensure their charity has a clear strategy, and that its work and goals are in line with its vision. A trustee's role in a charity is to be the 'guardians of purpose', making sure that all decisions put the needs of the beneficiaries first. They safeguard the charity's assets – both physical assets, including property, and intangible ones, such as its reputation. They make sure these are used well and that the charity is run sustainably.

Why become a Trustee?

Being a Trustee can be very rewarding. As a Trustee you have the chance to support and shape the work and strategic direction of a charity, and you can make a significant difference to a cause that matters to you.

Being a Trustee offers the opportunity for professional development. It can let you gain experience of strategy and leadership, and boost your CV. It will give you experience of being a non-executive director, such as setting a strategic vision, influencing and negotiation, and managing risk.

If you already have significant experience in these areas, it can be stimulating to use it in a different and potentially challenging context. You will be part of a team and will have the opportunity to apply your unique skills and experience while learning from others. Working closely with a passionate team of people who have different perspectives is often one of the most enjoyable aspects of the role. Trustees often say that being a board member has been one the richest sources of learning in their professional lives.

Why join Rekindle's board?

Joining Rekindle's board as a trustee offers a unique opportunity to contribute to a growing and dynamic charity. In recent years, Rekindle has expanded its operations, including employing seven staff members and moving to a larger premises, while maintaining its core services. The board, rejuvenated with the addition of a new Chair and Vice-Chair three years ago, has been instrumental in driving this growth and modernizing the charity. As a trustee, you'll play a key role in shaping Rekindle's future and building on the momentum of recent successes.

About the Role

We are seeking strategic-minded individuals to join our board. Our trustees play a vital role in ensuring Rekindle achieves its core purpose by overseeing the charity's management and administration, while also guiding our strategy to align with our vision and goals.

Key Responsibilities:

- Ensure the charity fulfills its purposes as outlined in its governing document.
- Ensure compliance with the governing document, charity law, and other applicable laws.
- Act in the charity's best interests, making balanced and informed decisions.
- Contribute to the Board's strategic direction, policy-setting, and goal definition, including performance evaluation.
- Provide guidance based on experience, supporting new initiatives.
- Ensure effective and efficient administration of the organization.
- Monitor Rekindle's financial, strategic, and operational performance.

In addition to general trustee responsibilities, we're particularly interested with in candidates who have local business connections, experience in fundraising or mental health service delivery. Depending on your skills, some specific responsibilities may include:

- **Fundraising oversight:** Guide the development and implementation of fundraising strategies, including grant applications and local events.
- **Grant applications:** Advise the team in identifying and applying for suitable grants.
- **Event planning:** Inspire and support the team in planning fundraising events, using local business and community contacts.
- **Community engagement:** Build relationships with local businesses and leaders to enhance fundraising and raise awareness of Rekindle's mission.
- **Service development:** Guide the development of effective, evidence-based mental health programs.
- **Partnership Building:** Strengthen partnerships with mental health organisations and community groups.
- **Client advocacy:** Ensure clients' needs and voices are represented in strategic decisions.

Who we are looking for

You do not need previous governance experience to join the board. We will provide an induction and ongoing support. We are also eager to diversify our board and welcome younger trustees and those with lived experience.

Personal skills and qualities:

- Willingness and ability to understand and accept responsibilities and liabilities as trustees and to act in the best interests of the organisation.
- Ability to think creatively and strategically, exercise good, independent judgement and work effectively as a board member.
- Effective communication skills and willingness to participate actively in discussion.
- A strong personal commitment to equity, diversity and inclusion.
- Enthusiasm for our vision: the full recovery of mental health through early intervention, by listening and talking and by action.
- Commitment to Nolan's seven principles of public life: selflessness, integrity, objectivity, accountability, openness, honesty and leadership.

Rekindle are happy to have informal discussions about the role and warmly welcome candidates to visit us or observe a board meeting if they wish.



Terms of Appointment

Terms of office

- Trustees are appointed for a 3 year term of office, renewal for 3 further terms to a maximum of 6 years.
- This is a voluntary position, but reasonable expenses are reimbursed.

Time commitment

- Estimated at 8 – 10 hours a month.
- The board meet 4 times a year, generally in person. Remote attendance can be supported, but trustees are encouraged to attend at least 2 meetings a year face to face.
- Trustees are also expected to contribute ad hoc and occasional time outside of board meetings, the majority of which is done remotely.



How to Apply

The TrusteeWorks Team at Reach Volunteering are supporting Rekindle with their Trustee recruitment.

Applications should be made via TrusteeWorks in the first instance.

To apply please submit your CV along with a covering letter stating why you wish to join the organisation and how your skills and experience would add value to the board.

Please send applications and enquiries to trusteeworks@reachvolunteering.org.uk

